

ENJOY THE UNIQUE CHARMS OF THIRTEEN BEAUTIFUL BRITISH AND IRISH COASTLINES

COASTAL PATH

2022



DECEMBER 2021

WHITEROCKS BEACH, COUNTY ANTRIM, NORTHERN IRELAND

Photo © Marek Komar/500px/Getty Images

01 WED

02 THU

03 FRI

04 SAT

05 SUN

06 MON

07 TUE

08 WED

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10 FRI

11 SAT

12 SUN

13 MON

14 TUE

15 WED

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18 SAT

19 SUN

20 MON

21 TUE

22 WED

23 THU

24 FRI

25 SAT

26 SUN

27 MON

28 TUE

29 WED

30 THU

31 FRI

27th: Bank Holiday (UK)
28th: Bank Holiday (UK)

ALLAN &
BERTRAM

DECEMBER 2021

S	M	T	W	T	F	S	WK
			1	2	3	4	48
5	6	7	8	9	10	11	49
12	13	14	15	16	17	18	50
19	20	21	22	23	24	25	51
26	27	28	29	30	31		52

27th: Bank Holiday (UK) 28th: Bank Holiday (UK)

NOVEMBER 2021

S	M	T	W	T	F	S	WK
	1	2	3	4	5	6	44
7	8	9	10	11	12	13	45
14	15	16	17	18	19	20	46
21	22	23	24	25	26	27	47
28	29	30					48

JANUARY 2022

S	M	T	W	T	F	S	WK
30	31					1	52
2	3	4	5	6	7	8	1
9	10	11	12	13	14	15	2
16	17	18	19	20	21	22	3
23	24	25	26	27	28	29	4

WHITEROCKS BEACH, COUNTY ANTRIM NORTHERN IRELAND

Located just off the Causeway Coastal Route, the long sandy beach at Whiterocks forms part of a stretch of shoreline known for its soft limestone cliffs, uniquely eroded by wind and waves into a labyrinth of spectacular caves, arches and rock formations, some only accessible by sea.





JANUARY 2022

BEACH AT DUNSTANBURGH CASTLE, NORTHUMBERLAND, ENGLAND

Photo © rpeters86/Getty Images

01 SAT

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13 THU

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16 SUN

17 MON

18 TUE

19 WED

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22 SAT

23 SUN

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25 TUE

26 WED

27 THU

28 FRI

29 SAT

30 SUN

31 MON

3rd: Bank Holiday (UK)
4th: Bank Holiday (Scotland)

ALLAN &
BERTRAM

JANUARY 2022

S	M	T	W	T	F	S	WK
30	31					1	52
2	3	4	5	6	7	8	1
9	10	11	12	13	14	15	2
16	17	18	19	20	21	22	3
23	24	25	26	27	28	29	4

3rd: Bank Holiday (UK) 4th: Bank Holiday (Scotland)

DECEMBER 2021

S	M	T	W	T	F	S	WK
		1	2	3	4	48	
5	6	7	8	9	10	11	49
12	13	14	15	16	17	18	50
19	20	21	22	23	24	25	51
26	27	28	29	30	31		52

FEBRUARY 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	5
6	7	8	9	10	11	12	6
13	14	15	16	17	18	19	7
20	21	22	23	24	25	26	8
27	28						9

BEACH AT DUNSTANBURGH CASTLE, NORTHUMBERLAND, ENGLAND

Standing on a remote headland, the dramatic 14th-century ruins of the once magnificent Dunstanburgh Castle command extensive views of the wave-battered Northumberland coast, a curved bay lined by a beach of beautifully golden sands stretching to the north and a rocky and rugged coastal path towards the village of Craster to the south.

Photo © rpeters86/Getty Images

ALLAN &
BERTRAM





FEBRUARY 2022

EASTBOURNE PIER, EASTBOURNE, EAST SUSSEX, ENGLAND

Photo © Travel Pix Collection/AWL Images

01 TUE

02 WED

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12 SAT

13 SUN

14 MON

15 TUE

16 WED

17 THU

18 FRI

19 SAT

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27 SUN

28 MON

FEBRUARY 2022

S	M	T	W	T	F	S	WK
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6	7	8	9	10	11	12	6
13	14	15	16	17	18	19	7
20	21	22	23	24	25	26	8
27	28						9

JANUARY 2022

S	M	T	W	T	F	S	WK
30	31				1	52	
2	3	4	5	6	7	8	1
9	10	11	12	13	14	15	2
16	17	18	19	20	21	22	3
23	24	25	26	27	28	29	4

MARCH 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	9
6	7	8	9	10	11	12	10
13	14	15	16	17	18	19	11
20	21	22	23	24	25	26	12
27	28	29	30	31			13

EASTBOURNE PIER, EASTBOURNE, EAST SUSSEX, ENGLAND

Opened in 1870 but not completed until 1872, the Victorian grandeur of Eastbourne Pier has dominated the seafront of this south coast seaside town for more than 150 years, surviving several disasters, from a mine explosion in the Second World War to significant fires in 1970 and 2014 that destroyed the original theatre, saloon and arcade buildings.





MARCH 2022

LA CORBIÈRE, JERSEY, CHANNEL ISLANDS

Photo © VFKA/Getty Images

01 TUE

02 WED

03 THU

04 FRI

05 SAT

06 SUN

07 MON

08 TUE

09 WED

10 THU

11 FRI

12 SAT

13 SUN

14 MON

15 TUE

16 WED

17 THU

18 FRI

19 SAT

20 SUN

21 MON

22 TUE

23 WED

24 THU

25 FRI

26 SAT

27 SUN

28 MON

29 TUE

30 WED

31 THU

17th: Bank Holiday (N. Ireland)

ALLAN &
BERTRAM

MARCH 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	9
6	7	8	9	10	11	12	10
13	14	15	16	17	18	19	11
20	21	22	23	24	25	26	12
27	28	29	30	31			13

17th: Bank Holiday (N. Ireland)

FEBRUARY 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	5
6	7	8	9	10	11	12	6
13	14	15	16	17	18	19	7
20	21	22	23	24	25	26	8
27	28						9

APRIL 2022

S	M	T	W	T	F	S	WK	
						1	2	13
3	4	5	6	7	8	9	14	
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17	18	19	20	21	22	23	16	
24	25	26	27	28	29	30	17	

LA CORBIÈRE, JERSEY, CHANNEL ISLANDS

Perched on rock sculpted by Atlantic storms at the southwest corner of the island of Jersey, La Corbière lighthouse can be reached on foot only at low tide, by crossing a causeway overlooked by an observation tower built as part of the German defences during the occupation of the island in the Second World War.





APRIL 2022

CLIFDEN BAY, CONNEMARA, COUNTY GALWAY, REPUBLIC OF IRELAND

Photo © Foto Para Ti/Getty Images

01 FRI

02 SAT

03 SUN

04 MON

05 TUE

06 WED

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09 SAT

10 SUN

11 MON

12 TUE

13 WED

14 THU

15 FRI

16 SAT

17 SUN

18 MON

19 TUE

20 WED

21 THU

22 FRI

23 SAT

24 SUN

25 MON

26 TUE

27 WED

28 THU

29 FRI

30 SAT

15th: Bank Holiday (UK)
18th: Bank Holiday (UK not Scotland)

ALLAN &
BERTRAM

APRIL 2022

S	M	T	W	T	F	S	WK
					1	2	13
3	4	5	6	7	8	9	14
10	11	12	13	14	15	16	15
17	18	19	20	21	22	23	16
24	25	26	27	28	29	30	17

15th: Bank Holiday (UK) 18th: Bank Holiday (UK not Scotland)

MARCH 2022

S	M	T	W	T	F	S	WK
	1	2	3	4	5	9	
6	7	8	9	10	11	12	10
13	14	15	16	17	18	19	11
20	21	22	23	24	25	26	12
27	28	29	30	31			13

MAY 2022

S	M	T	W	T	F	S	WK	
	1	2	3	4	5	6	7	18
8	9	10	11	12	13	14	19	
15	16	17	18	19	20	21	20	
22	23	24	25	26	27	28	21	
29	30	31					22	

CLIFDEN BAY, CONNEMARA, COUNTY GALWAY, REPUBLIC OF IRELAND

Tucked between the Twelve Bens mountain range and the Atlantic Ocean, at one of the most westerly points of the island of Ireland, the glassy calm waters of Clifden harbour reflect boats at anchor, some of which offer day trips out into the Bay where visitors can sight dolphins or enjoy deep sea fishing.





MAY 2022

BLACKPOOL SANDS, DARTMOUTH, DEVON, ENGLAND

Photo © Tom Green/500px/Getty Images

01 SUN

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05 THU

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08 SUN

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11 WED

12 THU

13 FRI

14 SAT

15 SUN

16 MON

17 TUE

18 WED

19 THU

20 FRI

21 SAT

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24 TUE

25 WED

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27 FRI

28 SAT

29 SUN

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31 TUE

2nd: Bank Holiday (UK)

ALLAN &
BERTRAM

MAY 2022

S	M	T	W	T	F	S	WK
1	2	3	4	5	6	7	18
8	9	10	11	12	13	14	19
15	16	17	18	19	20	21	20
22	23	24	25	26	27	28	21
29	30	31					22

2nd: Bank Holiday (UK)

APRIL 2022

S	M	T	W	T	F	S	WK
				1	2	13	
3	4	5	6	7	8	9	14
10	11	12	13	14	15	16	15
17	18	19	20	21	22	23	16
24	25	26	27	28	29	30	17

JUNE 2022

S	M	T	W	T	F	S	WK	
				1	2	3	4	22
5	6	7	8	9	10	11	23	
12	13	14	15	16	17	18	24	
19	20	21	22	23	24	25	25	
26	27	28	29	30			26	

BLACKPOOL SANDS, DARTMOUTH, DEVON, ENGLAND

Along this part of the South West Coast Path, which runs for more than 1,000km from Minehead on the edge of Exmoor to Poole Harbour, jagged boulders break the surface of the shingle beach at Blackpool Sands in Devon, a picturesque sheltered bay in a designated Area of Outstanding Natural Beauty (AONB).





JUNE 2022

PULPIT ROCK, PORTLAND BILL, DORSET, ENGLAND

Photo © Andrew Michael/robertharding

01 WED

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12 SUN

13 MON

14 TUE

15 WED

16 THU

17 FRI

18 SAT

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25 SAT

26 SUN

27 MON

28 TUE

29 WED

30 THU

2nd: Bank Holiday (UK)
3rd: Bank Holiday (UK)

ALLAN &
BERTRAM

JUNE 2022

S	M	T	W	T	F	S	WK
			1	2	3	4	22
5	6	7	8	9	10	11	23
12	13	14	15	16	17	18	24
19	20	21	22	23	24	25	25
26	27	28	29	30			26

2nd: Bank Holiday (UK) 3rd: Bank Holiday (UK)

MAY 2022

S	M	T	W	T	F	S	WK
1	2	3	4	5	6	7	18
8	9	10	11	12	13	14	19
15	16	17	18	19	20	21	20
22	23	24	25	26	27	28	21
29	30	31					22

JULY 2022

S	M	T	W	T	F	S	WK
						1	2 26
3	4	5	6	7	8	9	27
10	11	12	13	14	15	16	28
17	18	19	20	21	22	23	29
24	25	26	27	28	29	30	30

PULPIT ROCK, PORTLAND BILL, DORSET, ENGLAND

Sunset throws rosy-hued light and deep shadows across the rock formations and limestone sea stack to the west of Portland Bill, created by stone quarrying in the 19th century, that gained its name from the large angled slab of rock appearing to resemble an open bible leaning on a pulpit.





JULY 2022

BEDRUTHAN, CORNWALL, ENGLAND

Photo © Granville Harris/robertharding

01 FRI

02 SAT

03 SUN

04 MON

05 TUE

06 WED

07 THU

08 FRI

09 SAT

10 SUN

11 MON

12 TUE

13 WED

14 THU

15 FRI

16 SAT

17 SUN

18 MON

19 TUE

20 WED

21 THU

22 FRI

23 SAT

24 SUN

25 MON

26 TUE

27 WED

28 THU

29 FRI

30 SAT

31 SUN

12th: Bank Holiday (N. Ireland)

ALLAN &
BERTRAM

JULY 2022

S	M	T	W	T	F	S	WK
31					1	2	26
3	4	5	6	7	8	9	27
10	11	12	13	14	15	16	28
17	18	19	20	21	22	23	29
24	25	26	27	28	29	30	30

12th: Bank Holiday (N. Ireland)

JUNE 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	22	
5	6	7	8	9	10	11	23
12	13	14	15	16	17	18	24
19	20	21	22	23	24	25	25
26	27	28	29	30		26	

AUGUST 2022

S	M	T	W	T	F	S	WK
	1	2	3	4	5	6	31
7	8	9	10	11	12	13	32
14	15	16	17	18	19	20	33
21	22	23	24	25	26	27	34
28	29	30	31				35

BEDRUTHAN, CORNWALL, ENGLAND

A sandy beach reached by navigating steep stone steps carved into a narrow gully between the cliffs, Bedruthan is a small tidal bay strewn with huge boulders and sea-worn crags, surrounded by steep rocky walls and battered by the strong currents and pounding waves of the Atlantic surf.





AUGUST 2022

EAST LOTHIAN, SCOTLAND

Photo © Nestor Moc/Getty Images

01 MON

02 TUE

03 WED

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08 MON

09 TUE

10 WED

11 THU

12 FRI

13 SAT

14 SUN

15 MON

16 TUE

17 WED

18 THU

19 FRI

20 SAT

21 SUN

22 MON

23 TUE

24 WED

25 THU

26 FRI

27 SAT

28 SUN

29 MON

30 TUE

31 WED

1st: Bank Holiday (Scotland)
29th: Bank Holiday (UK not Scotland)

ALLAN &
BERTRAM

AUGUST 2022

S	M	T	W	T	F	S	WK
	1	2	3	4	5	6	31
7	8	9	10	11	12	13	32
14	15	16	17	18	19	20	33
21	22	23	24	25	26	27	34
28	29	30	31				35

1st: Bank Holiday (Scotland) 29th: Bank Holiday (UK not Scotland)

JULY 2022

S	M	T	W	T	F	S	WK
31				1	2	26	
3	4	5	6	7	8	9	27
10	11	12	13	14	15	16	28
17	18	19	20	21	22	23	29
24	25	26	27	28	29	30	30

SEPTEMBER 2022

S	M	T	W	T	F	S	WK
					1	2	3 35
4	5	6	7	8	9	10	36
11	12	13	14	15	16	17	37
18	19	20	21	22	23	24	38
25	26	27	28	29	30		39

EAST LOTHIAN, SCOTLAND

Officially the sunniest area of Scotland, the dramatic emerald coastline of East Lothian is an easy day-trip from the capital city of Edinburgh and is very popular with visitors and walkers enjoying traditional seaside villages, links golf courses, spectacular scenery and a wealth of seabirds and wildlife.





SEPTEMBER 2022

WINTERTON-ON-SEA, NORFOLK, ENGLAND

Photo © stevendocwra/Getty Images

01 THU

02 FRI

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12 MON

13 TUE

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16 FRI

17 SAT

18 SUN

19 MON

20 TUE

21 WED

22 THU

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29 THU

30 FRI

SEPTEMBER 2022

S	M	T	W	T	F	S	WK
				1	2	3	35
4	5	6	7	8	9	10	36
11	12	13	14	15	16	17	37
18	19	20	21	22	23	24	38
25	26	27	28	29	30		39

AUGUST 2022

S	M	T	W	T	F	S	WK
	1	2	3	4	5	6	31
7	8	9	10	11	12	13	32
14	15	16	17	18	19	20	33
21	22	23	24	25	26	27	34
28	29	30	31				35

OCTOBER 2022

S	M	T	W	T	F	S	WK
						1	39
30	31						40
2	3	4	5	6	7	8	41
9	10	11	12	13	14	15	42
16	17	18	19	20	21	22	43
23	24	25	26	27	28	29	44

WINTERTON-ON-SEA, NORFOLK, ENGLAND

At Winterton-on-Sea tufts of marram grass thwart the gently-sloping dunes from drifting into the sea at one side, bordered by the waterways of the Norfolk Broads on the other, where part of the long sandy beach is home to a colony of grey seals who give birth to up to 1,000 seal pups each winter.





OCTOBER 2022

MEALT WATERFALL AND KILT ROCK, PORTREE, ISLE OF SKYE, SCOTLAND

Photo © imageBROKER/Robert Seitz/AWL Images

01 SAT	12 WED	23 SUN
02 SUN	13 THU	24 MON
03 MON	14 FRI	25 TUE
04 TUE	15 SAT	26 WED
05 WED	16 SUN	27 THU
06 THU	17 MON	28 FRI
07 FRI	18 TUE	29 SAT
08 SAT	19 WED	30 SUN
09 SUN	20 THU	31 MON
10 MON	21 FRI	
11 TUE	22 SAT	

OCTOBER 2022

S	M	T	W	T	F	S	WK
30	31					1	39
2	3	4	5	6	7	8	40
9	10	11	12	13	14	15	41
16	17	18	19	20	21	22	42
23	24	25	26	27	28	29	43

SEPTEMBER 2022

S	M	T	W	T	F	S	WK
		1	2	3	35		
4	5	6	7	8	9	10	36
11	12	13	14	15	16	17	37
18	19	20	21	22	23	24	38
25	26	27	28	29	30		39

NOVEMBER 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	44
6	7	8	9	10	11	12	45
13	14	15	16	17	18	19	46
20	21	22	23	24	25	26	47
27	28	29	30				48

MEALT WATERFALL AND KILT ROCK, PORTREE, ISLE OF SKYE, SCOTLAND

Water plunges 60 metres over the cliff edge at Kilt Rock, so called due to the pleated appearance of the vertical basalt columns, joining the Atlantic Ocean in the Sound of Raasay unless strong winds blow, dispersing the torrent of water into spray and preventing it from reaching the foot of the cliff.





NOVEMBER 2022

POINT OF AYR LIGHTHOUSE, TALACRE, FLINTSHIRE, WALES

Photo © Jonathon Barnett/EyeEm/Getty Images

01 TUE

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03 THU

04 FRI

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11 FRI

12 SAT

13 SUN

14 MON

15 TUE

16 WED

17 THU

18 FRI

19 SAT

20 SUN

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25 FRI

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28 MON

29 TUE

30 WED

30th: Bank Holiday (Scotland)

ALLAN &
BERTRAM

NOVEMBER 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	44
6	7	8	9	10	11	12	45
13	14	15	16	17	18	19	46
20	21	22	23	24	25	26	47
27	28	29	30				48

30th: Bank Holiday (Scotland)

OCTOBER 2022

S	M	T	W	T	F	S	WK
30	31				1	39	
2	3	4	5	6	7	8	40
9	10	11	12	13	14	15	41
16	17	18	19	20	21	22	42
23	24	25	26	27	28	29	43

DECEMBER 2022

S	M	T	W	T	F	S	WK	
					1	2	3	48
4	5	6	7	8	9	10	49	
11	12	13	14	15	16	17	50	
18	19	20	21	22	23	24	51	
25	26	27	28	29	30	31	52	

POINT OF AYR LIGHTHOUSE, TALACRE, FLINTSHIRE, WALES

Dating back to 1776, the Point of Ayr lighthouse on Talacre beach near the Dee estuary was decommissioned in 1884 but it remains a feature of this windswept landscape, rising 18 metres above the sand, where the dunes are home to rare species including natterjack toads.





DECEMBER 2022

RHOOSILI BAY, GOWER, WALES

Photo © Billy Stock/robertharding

01 THU

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07 WED

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11 SUN

12 MON

13 TUE

14 WED

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17 SAT

18 SUN

19 MON

20 TUE

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24 SAT

25 SUN

26 MON

27 TUE

28 WED

29 THU

30 FRI

31 SAT

26th: Bank Holiday (UK)
27th: Bank Holiday (UK)

ALLAN &
BERTRAM

DECEMBER 2022

S	M	T	W	T	F	S	WK
				1	2	3	48
4	5	6	7	8	9	10	49
11	12	13	14	15	16	17	50
18	19	20	21	22	23	24	51
25	26	27	28	29	30	31	52

26th: Bank Holiday (UK) 27th: Bank Holiday (UK)

NOVEMBER 2022

S	M	T	W	T	F	S	WK
		1	2	3	4	5	44
6	7	8	9	10	11	12	45
13	14	15	16	17	18	19	46
20	21	22	23	24	25	26	47
27	28	29	30				48

JANUARY 2023

S	M	T	W	T	F	S	WK	
	1	2	3	4	5	6	7	1
8	9	10	11	12	13	14	2	
15	16	17	18	19	20	21	3	
22	23	24	25	26	27	28	4	
29	30	31					5	

RHOSSILI BAY, GOWER, WALES

Rhossili Bay is frequently named as one of the best beaches in the UK, stretching nearly five kilometres along the west coast of the Gower Peninsula, offering panoramic views across the Bristol Channel and where, at low tide, the huge expanse of sand makes it possible to walk across the bay to Llangennith.



